

PACKING LIST for THE ROCK!!!

What to bring:

- Bible
- Money for snack along the way and 3 meals.
- Chair, something to sit on is nice.
- Jeans, very important while in the mountains. (no shorts while in the mountains)
- sleeping bag, pillow (bring two sleeping bags or blanket if possible or something for the ground, it will be cold!!)
- We supply the tents
- personal water container to drink from
- toiletries-There are no showers, so bring toothbrush, deodorant, etc...
- shoes to hike in
- sunblock
- warm and cool clothes, jacket, sweatshirt nothing really nice
- If you are new to the Rock. Bring something no bigger than your fist to put in a time capsule.** (something to represent where you want to be in your walk with Christ by your senior year. Goals, ministry you want to start, reading your bible, Christian college, read through the bible, being really nice to your youth minister, etc...You will share this in front of the group during campfire. This is for only those youth who have never been to the Rock before
- bug spray, handy wipes, flashlights
- Nothing really important or expensive. Things get misplaced really easy on trips like these.
- please write your name on chair.
- Please do not send more than \$50 plus meals.

*For questions call Jason at 785.953-7085

